

30 Days Wild Journey Planner

This planner is your map through 30 Days Wild. Watch your class grow in confidence as they tune into their senses, develop new skills, and have their voices heard about the wildlife that matters to them.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Pre-30 Days Wild checklist

Ask the class to start collecting:

- empty, clean plastic bottles (like milk bottles, cola bottles etc.)
- empty, cleaned yoghurt pots
- wooden lolly sticks
- clean aluminium trays (from pies, cheesecakes etc.)

Store these in class ready for week four!



Week 1 Sensory Bingo (aim for one thing each day!)

1 Look and feel

Look for:

- Feathers
- Clouds
- Flowers
- Green leaves

Feel some:

- Smooth leaves
- Moss
- Tree bark
- Soil
- Soft grass

2 Listen and smell

Listen to:

- Wind blowing
- Water flowing
- Bird singing
- Bee buzzing

Smell the:

- Fresh air
- Grass
- Flowers



Week 2 Moving (aim for at least one thing each day!)

5 Imagine

Move like an animal:

- a hopping frog
- a slithering snake
- a jumping grasshopper



6 Exercise

- Animal yoga
- PE outside
- Six deep breaths of fresh air



7 Play

Play an animal game outside:

- What's the time Mr Wolf
- Sleeping lions
- Leap frog
- Piggy in the middle
- Duck, duck goose

8 Treasure hunt

Collect WILD treasures like:

- Sticks
- Leaves
- Pebbles
- Feathers
- Moss



9 Create

Make a big outdoor collage of your wild treasures and ask your teacher to take a photo

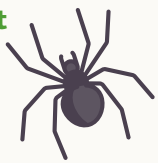


Week 3 Learning

12 Minibeast hunt

Try to find:

- Woodlice
- Beetles
- Worms
- Snails
- Ants
- Spiders



13 Find and count

- Choose a grassy spot outdoors for your quadrat
- Make a quadrat using four sticks and some string
- Count all the different things you find in your sample and write down what they are
(Repeat if you have time!)

14 Research and draw

- Research five facts about something you found in your quadrat yesterday
- Draw a picture of what you researched
- Write the facts about your found item around the outside of your drawing

15 Reflect

- Work in pairs and talk about what wildlife you have found this week
- Write down what wildlife is your favourite and why



16 Make a plan

- Sit in a circle on the grass outside with your class
- Share what your favourite wildlife at school is
- Talk about how your class could help nature at your school



Week 4 Helping

19 Take the Wild Kids Quiz!

- Visit our social media channels to find the Wild Kids Quiz online
- Watch the recording and take part as a class!

20 Give nature a drink

- Put out a shallow dish of water in a shady spot
- Watch out for wildlife drinking from it during the day – make a list of what you spot!



21 Give nature some food

- Sow wildflower seeds
- Make a bird feeder with your recycled bottles



22 Give nature a home

- Carefully collect leaves from the ground making small piles for minibeasts
- Make small piles of sticks and logs for beetles
- Make a compost heap



23 Tell your friends!

- Make posters about how to help nature (recycling, not littering etc.)
- Decorate your posters with wild treasures like feathers and leaves
- Put your posters up around your school



Week 5 Meaning Class Story: This week your class will create a vision board about wildlife at your school, and what it means to you

26 Beauty in nature – pictures

Draw pictures of:

- Wildlife and nature at your school i.e. invertebrates, plants



27 Nature and happiness – stories

Write short stories about:

- Why nature and wildlife makes you happy
- How nature and wildlife makes you happy

28 Loving nature and wildlife

Create a class poem about:

- Why wildlife is special
- What wildlife needs
- How you can help wildlife



29 The BIG BUILD

Time to create your class/whole-school vision board!

Stick on:

- Your pictures
- Your short stories
- Your poems
- Decorate with leaves, feathers, sticks + any other natural treasures from school

30 Share your vision of a wilder future!

We need YOUR help to protect nature. Ask your school to share photos of your vision board online, tagging in local members of parliament, councillors, and local organisations to show why wildlife is so important to you and your school