Get creative for hedgehogs

Small steps everyone can take together to help save the hedgehog

Find out more information at wildaboutgardens.org.uk
How well do you know these spiny garden visitors?

*Home range & distribution*
Hedgehogs are found across the UK, absent only from some Scottish islands. Gardens, hedgerows, woodlands, grasslands, parks and cemeteries are all important hedgehog habitats. Adult hedgehogs travel between 1-2km per night over home ranges as big as 10-20 hectares in size. In suburban areas, this means they range over entire housing estates and neighbourhoods.

*On the menu*
While hedgehogs are most famous for eating slugs and snails, these prey items only form a very small portion of their diet. They eat a huge range of other garden invertebrates and in fact, beetles, earthworms and caterpillars make up most of their diet. If you want hedgehogs, you need creepy crawlies in abundance which can be attracted by planting a variety of different plants and creating habitats such as log piles.

*Breeding*
During the breeding season amorous hedgehogs can be seen (and heard!) circling each other with snorts and grunts. Young are usually born from May onwards in litters of up to five and the young leave the nest after around six to eight weeks. Baby hedgehogs (or hoglets) are born with their spines sheathed beneath their skin which then emerge a few hours after birth.

*Hibernation*
While many animals have adapted to cope with the harsh conditions of winter, hedgehogs are one of only a handful of UK mammals to truly hibernate, along with bats and dormice. Depending on the weather and their body condition, they enter a state of torpor from October/November to March/April, lowering their body temperature and slowing their metabolism to save energy. Hedgehogs must feed intensively and be in great condition before hibernating if they are to have enough reserves to last the winter.

Did you know...?

There are 18 different species of hedgehog around the world. The UK’s hedgehog - the European hedgehog - is found across Western Europe and Scandinavia.

Hedgehogs don’t have great eyesight, so rely on their sense of smell and hearing to navigate.

An adult hedgehog has up to 7,000 spines and a small, hidden tail.

Some hedgehogs are blonde! This colour mutation is called leucism and is thought to be caused by rare recessive genes.

We've seen declines in two thirds of the UK’s plant and animal species, including many of our once common garden species.

Hedgehog numbers in the countryside have fallen by 30-75 percent since the year 2000 and there are now thought to be fewer than 1 million left in the UK.

They are disappearing from our countryside as fast as tigers are worldwide.

Hedgehogs must feed intensively and be in great condition before hibernating!

Hedgehogs have 7,000 spines and a small, hidden tail.

On average hedgehogs live for 2-5 years in the wild, but some have lived up to 10!

Over the past 50 years we've seen declines in two thirds of the UK's plant and animal species, including many of our once common garden species.
How To Help: Welcoming the hedgehog

To save the hedgehog we need people to work together with neighbours to make small changes that will make a big difference. This is crucial because no garden or green space can help hedgehogs in isolation, but when they are linked together hedgehogs can thrive in any location.

Create hedgehog highways
Hedgehogs need to be able to roam far and wide in search of food, mates and nesting sites. Get together with your neighbours to cut a 13cm x 13cm square hole (5in) in your fence or dig a channel beneath garden boundaries to connect your gardens. You can then add your hedgehog hole to our national network at HedgehogStreet.org.

Grow a wide variety of plants
Attract plenty of natural hedgehog food by keeping your garden diverse with a wide variety of habitats e.g. ponds, log piles, hedges, and a wide range of plant types. Don't be afraid to let your grass grow a little wild and leave some leaf litter - as both are important homes for the hedgehog's prey.

Avoid the use of pesticides
Ditch the slug pellets and avoid the use of pesticides. Hedgehogs are natural “pest” controllers and need a plentiful and varied supply of invertebrate prey to stay healthy.

Make water safe
Hedgehogs are great swimmers but can sometimes struggle to climb out of steep-sided ponds and many drown. Provide a ramp from a plank wrapped in chicken wire or create shallow areas at the edge so they can scramble out.

Provide nesting sites
Log and leaf piles, wilderness areas and purpose-built hedgehog homes make great places for hedgehogs to nest.

Be aware of dangers
Check for hidden hedgehogs before lighting bonfires, strimming and mowing the lawn. Keep plant netting, tennis nets and household rubbish above ground level to prevent entanglement.

Log and leaf piles, wilderness areas and purpose-built hedgehog homes make great places for hedgehogs to nest

Check out the website: hedgehogstreet.org
You can map any hedgehogs you may see, tell us about the hole in your fence or become a Hedgehog Champion and get stuck in right away.

What do I do if I find an underweight hedgehog?

If you're concerned about underweight, orphaned or injured hedgehogs, The British Hedgehog Preservation Society can offer advice and help you find a rescue centre near you:

w. britishhedgehogs.org.uk
e. info@britishhedgehogs.org.uk
t. 01584 890 801
1. Create 'hedgehog highways' in your fences to connect your gardens.
2. Provide an escape route out of ponds — 'hogs are great swimmers but they struggle to climb out.
3. Create a variety of habitats e.g. ponds, hedges, log piles and compost heaps to attract food for the hedgehog.
4. Build a hedgehog home — give them somewhere to hunker down for the winter.
5. Let your grass grow wild (or even a section of it) to encourage the hedgehog's prey. Check carefully before mowing or strimming areas.
6. Create nesting opportunities — leave wild areas for 'hogs to hibernate.
7. Set up a feeding station offering high-quality hedgehog food (look for a high meat content) or meaty pet food, and fresh water.
8. Tidy up — litter harms wildlife, and hedgehogs can also become entangled in garden netting.
9. Keep domestic drains covered, hedgehogs can fall into them and get stuck.
10. Check bonfires before lighting; ideally rebuild them on the day it is to be lit.
11. Keep your gardens green — paving and decking over gardens reduces hedgehog habitat.

Working together

Take these small steps to welcome hedgehogs into your neighbourhood.
Make a hedgehog feeding station

You will need:

- Medium-sized plastic storage box
- Stanley knife
- Electrical tape / masking tape
- A brick or heavy rock(s)
- Two shallow bowls
- High-quality hedgehog food or meaty pet food

A feeding station is really easy to make and will allow visiting hedgehogs to feed safely away from other animals such as foxes or neighbourhood cats.

1. Cut an entrance into the plastic box.
2. Protect sharp cut edges with the tape
3. Fill a bowl each with food and clean water and place in the box, tucking it near a hedge (with the entrance facing south if possible).
4. Add your brick or heavy rock on top of the box to prevent it from being knocked over.

Keep the box clean by replacing the food and water each night to prevent the spread of disease.

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Make a deluxe hedgehog house

You will need:

- 20mm FSC plywood boards cut to the sizes shown
- Hammer and nails
- 2 metal hinges
- Soil
- Dry leaves
- Pet straw
- Polythene sheeting

1. Construct the hedgehog house from the following diagram and dimensions.

   - Back: 30cm x 15cm x 30cm
   - Base: 40cm x 60cm
   - Side: 30cm x 13cm x 40cm
   - Lid: 30cm x 30cm
   - Tunnel top: 30cm x 17cm
   - Tunnel base: 17cm x 17cm
   - Tunnel side: 13cm x 13cm

2. Put the pet straw inside. Cover the house with polythene sheeting, then pack soil and dry leaves around the outside.

   - The roof is hinged so you can clean the box in future.

Do not creosote or treat the wood

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Hedgehog Delicacies

Hedgehogs eat a variety of insects, molluscs and other invertebrates, often switching from one food type to the other depending on the time of year. How does your garden stack up as a hedgehog buffet?

Tick off the menu items you've seen:

- Earthworm
- Leatherjacket (cranefly larva)
- Earwig
- Millipede
- Caterpillar
- Weevil
- Butterfly/moth pupa
- Ground beetle
- Beetle larva
- Chafer beetle
- Snail
- Slug
- Beetles
- Bird eggs
- Earthworms
- Caterpillars
- Slugs & snails
- Birds & leatherjackets
- Mammals
- All uses, bees & ants
- Others
- Spiders & ticks, harvestmen, woodlice, centipedes

Data from Yalden, D.W. (1976) The food of the hedgehog in England. Acta Theriologica 21: 401-424. *Study examined animals that were trapped by gamekeepers using eggs as bait, so the proportion of eggs in a natural diet is likely to be lower. Dietary studies of hedgehogs have used different methodologies and the results will be affected by factors including location, season and weather.

Gardening For Hedgehogs

Encourage a glut of the hedgehog’s favourite food by creating micro-habitats that are great for invertebrates!

1. **Choose plant species that are attractive to a range of insects**
   - Have a look at the RHS Perfect for Pollinators list for suggestions: rhs.org.uk/perfectforpollinators

2. **Mulch beds with garden compost**
   - Encourages plenty of earthworms, woodlice and beetles as it begins to rot down!

3. **Fallen leaf pile**
   - Provides the perfect shelter for ground beetles.

4. **Wood pile**
   - Encourages a rich feast of earwigs, centipedes and woodlice!

5. **Allow a patch of grass to grow long**
   - Will harbour insects including leatherjackets.

6. **‘Build a bug hotel’**
   - Stuff it with lots of straw and hollow plant stems and earwigs, centipedes and woodlice will soon make it their home.

7. **Leave hollow plant stems over winter**
   - The perfect hiding place for ladybirds!

8. **Create nesting opportunities**
   - Leave prunings and leaves in a wild corner for hedgehogs to make nests with. Hogs love apple and cherry leaves, and hawthorn and honeysuckle prunings make great structural supports.

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How to make an animal footprint trap

You will need:
- old baking tray
- long ruler
- fine grain sand
- water
- low-sided dish
- meaty cat or dog food
- footprint ID guide

1. Fill an old baking tray with damp sand and smooth out the surface with a ruler.
   ~ Check to make sure your fingers leave a mark.

2. Place hedgehog food or meaty cat or dog food in a low-sided dish in the middle of the tray.

3. Leave the trap overnight in a garden and check in the morning for footprints left by curious visitors.

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Leave your garden wild

Take a day off today and do nothing! Leave a wild spot in your garden by not mowing the lawn, or not weeding the paving – nature will love it!
About Us

For more information about how you can help wildlife in your garden, including: gardening advice, activity ideas and species guides, visit The Wildlife Trusts and RHS partnership website wildaboutgardens.org.uk

The Wildlife Trusts
The Wildlife Trusts is a grassroots movement of people from a wide range of backgrounds and all walks of life, on a mission to restore a third of the UK’s land and seas for nature by 2030. We believe everyone, everywhere, should have access to nature and the joy and health benefits it brings.

Many Wildlife Trusts run projects to specifically address the disappearance of our hedgehogs, including raising awareness amongst local communities, recording sightings, encouraging people to take action at home to help and targeting hedgehog hotspots for conservation effort. Find out more about some of these projects and how you can get involved at wildlifetrusts.org/hedgehogs

The Royal Horticultural Society
For more than 210 years the Royal Horticultural Society has been the force behind gardening in the UK. We're driven by a desire to enrich everyone’s life through plants, and make the nation a greener, more beautiful place.

We believe that everyone in every village, town and city should benefit from growing plants to enhance lives, build stronger, healthier, happier communities, and create better places to live.

Our work in education, science and communities is only possible thanks to the generous support of our visitors, members, partners, donors and sponsors.

With your help we can harness the power of horticulture, one gardener at a time.

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The Royal Horticultural Society, 80 Vincent Square, London, SW1P 2PE
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Hedgehog Street
Hedgehog Street is a campaign by People’s Trust for Endangered Species (PTES) and the British Hedgehog Preservation Society (BHPS) aimed at ensuring the hedgehog, the UK’s only spiny mammal, remains a common and familiar part of British life. We know hedgehogs are in trouble; we’ve lost between 30% and 75% in rural areas since the year 2000.

Populations in urban areas appear to be stabilising, indicating that our efforts to make gardens hedgehog-friendly are having an impact. Hedgehogs love gardens, and there are around half a million hectares of garden in the UK. Hedgehogs need access to lots and lots of different gardens to survive, so this campaign is as much about getting people to cooperate as it is about gardening for wildlife. Hedgehog Street has over 100,000 volunteer “Hedgehog Champions” right across the UK. Wherever you live, the green space in your local area can be a vital refuge for hedgehogs.

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w: hedgehogstreet.org

Registered Charity Nos PTES 274206 / BHPS 1164542

Find out more information at wildaboutgardens.org.uk