



I'm doing



# 30 Days Wild this June!

I'm is taking part in 30 Days Wild this year, and I'd love to continue my adventure at home.

Dear parent/guardian,

30 Days Wild is a yearly challenge set by The Wildlife Trusts that asks everyone to make time for nature in June. The concept is simple: complete a Random Act of Wildness each day for 30 days. This can be anything from eating breakfast outside and listening to birdsong, to planting wildflowers for a passing butterfly. The act doesn't have to be huge or difficult, it just has to be wild!

\_\_\_\_\_ school/group has signed up to take part and received a free pack full of inspiration to help complete the challenge. If any muddy hands make their way home, you'll know why!

If you want to continue their adventure at weekends or take part yourself, sign up for your **FREE** family pack\* at [wildlifetrusts.org/30dayswild](https://wildlifetrusts.org/30dayswild). You will receive:

- an activity passport
- a wallchart to track your progress
- a pack of wildflower seeds (postal packs only)

\*Postal packs are in limited supply, but digital packs are also available.

The natural world needs us to care for it more than ever, so by taking part in this challenge as a family, you'll be helping nature's recovery!

We know you'll have an amazing time if you decide to join us, but if you need any more convincing then check out **#30DaysWild** on social media to see what everyone got up to last year. We look forward to having you on board!

Any questions about **30 Days Wild**?  
The Wildlife Trusts are happy to help!



## The Wildlife Trusts

- ☎ 01636 677711
- ✉ [30dayswild@wildlifetrusts.org](mailto:30dayswild@wildlifetrusts.org)
- 🌐 [wildlifetrusts.org](https://wildlifetrusts.org)
- 📍 The Kiln, Mather Road  
Newark, Nottinghamshire  
United Kingdom, NG24 1WT



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# #30DaysWild

